

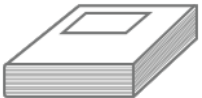


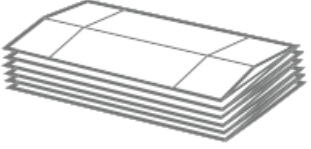


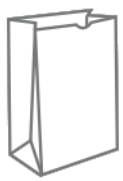


Paper

Material	Description	Do not include
 <p>Newspapers and flyers</p>	<p>Daily and community newspapers and advertising flyers</p>	<p>Plastic bags used to cover newspapers/flyers (take to Recycle BC recycling depot)</p> <p>Rubber bands</p>
 <p>Magazines, Catalogues</p>	<p>All types</p>	
 <p>Telephone books</p>	<p>Phone books; directories</p>	<p>Hardcover or paperback books (donate or sell)</p>
 <p>Paper gift wrap and greeting cards</p>		<p>Non-paper gift wrap</p> <p>Ribbons or bows</p> <p>Musical greeting cards with batteries**</p>
 <p>Writing/home office paper and correspondence</p>	<p>Note pads; loose leaf paper; white or coloured computer, copier and printer paper; printed paper; plain and window envelopes; shredded paper</p> <p><i>If you live in a community or multi-family building that has separate bins or bags for paper and containers recycling, you may place shredded paper securely inside a paper bag or box (to prevent litter) and include with your paper recycling.</i></p> <p><i>If you live in a community or multi-family building that utilizes one bin or bag for all of your recycling, please place shredded paper inside a securely-tied, see-through, plastic bag (no opaque, coloured or black bags) and place at the curb separately.</i></p>	<p>Padded envelopes</p>


**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](#). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Paper Packaging for Dry Goods



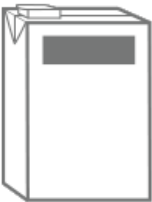
Material	Description	Do not include
 <p>Corrugated cardboard boxes</p>	<p>Shipping boxes, grocery and liquor store boxes, pizza boxes</p> <p><i>Empty boxes</i></p> <p><i>Flatten large corrugated boxes and cut down to no larger than 30" wide (78 cm) X 30" tall (78 cm); staples and tape OK</i></p>	<p>Cardboard boxes with wax coating, e.g., empty shipping boxes made available for residents to transport their groceries home</p>
 <p>Cardboard/boxboard</p>	<p>Boxes for cereal, shoes, tissues, pizza, frozen entrees, desserts, detergent, etc.</p> <p>Carrier trays for bulk bottled water, soft drinks, cans, food, etc.</p> <p>Cores for paper towel and toilet tissue</p> <p><i>Flatten and place boxboard directly into the collection container, not inside another box</i></p> <p><i>Remove liner bags and food residue</i></p>	<p>Paper towels or napkins (include with green waste, if applicable)</p> <p>Tissues</p>
 <p>Moulded boxboard packaging</p>	<p>Egg cartons, take-out beverage trays, empty paper-based garden pots, etc.</p>	<p>Dirt in paper-based garden pots</p>
 <p>Paper bags (kraft paper)</p>	<p>Any colour, including brown grocery sacks, white prescription bags, brown envelopes</p>	<p>Padded envelopes</p> <p>Foil-lined bags, e.g., packaged cookies</p>

**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

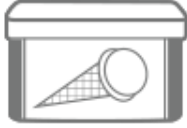
Paper Packaging for Dry Goods (cont.)

Material	Description	Do not include
 Multi-layer paper bags	Multi-layered bags for pet food, flour, sugar, etc. <i>Empty and rinse bags</i> <i>Remove lids and place loose with container recycling</i> <i>Recycle paper sleeves separately</i>	Bags with a foil layer Bags with a thin plastic layer

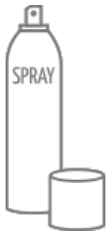
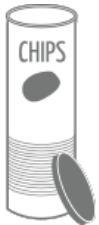

Cartons and Cups (recycle with Containers)

Material	Description	Do not include
 Paper cups	For hot and cold beverages <i>Empty and rinse cups</i> <i>Remove lids and place loose with container recycling</i> <i>Recycle paper sleeves separately</i>	Straws
 Gable-top cartons	For milk, milk-type beverages, cream, substitute eggs, sugar, molasses, etc. <i>Empty and rinse cartons.</i>	Juice cartons (return for deposit refund)
 Aseptic boxes or cartons	For milk, milk-type beverages, cream, soup, broth, sauces, etc. <i>Add loose to recycling container</i>	Juice/drink boxes (return for deposit refund) Straws Stand up pouches

Cartons and Paper Cups (cont.)

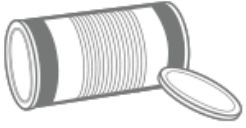
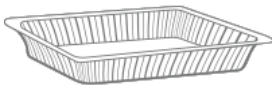


Material	Description	Do not include
 <p>Frozen dessert boxes</p>	<p>For ice cream, frozen yogurt, etc.</p> <p><i>Empty and rinse cartons</i></p>	

Containers

Material	Description	Do not include
 <p>Empty aerosol cans</p>	<p>For food, air fresheners, shaving cream, deodorant, hairspray, etc.</p> <p><i>Empty cans.</i></p> <p><i>Remove caps and place loose in recycling container.</i></p>	<p>Spray paint cans**</p> <p>Aerosol cans with any contents remaining**</p> <p>Propane cylinders**</p>
 <p>Spiral wound cans and metal lids</p>	<p>For frozen juice concentrate, potato chips, cookie dough, coffee, nuts, baby formula, etc.</p> <p><i>Remove lids and place loose in recycling container.</i></p>	
 <p>Aluminum cans and lids</p>	<p>For food, e.g., seafood, cat food, etc.</p> <p><i>Empty and rinse cans.</i></p> <p><i>Labels OK.</i></p>	<p>Propane tanks or propane canisters**</p> <p>Deposit cans (return for deposit refund)</p>



**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Containers (cont'd)

Material	Description	Do not include
 <p>Steel cans and lids</p>	<p>For food including pet food; tins for cookies, tea, chocolates, etc.; include metal lid</p> <p><i>Empty and rinse cans. Labels OK.</i></p>	<p>Steel beverage cans (return for deposit refund)</p> <p>Steel paint cans**</p> <p>Coat hangers (return to dry cleaners)</p> <p>Pots, pans and baking trays**</p> <p>Propane cylinders **</p> <p>Metal toys**</p> <p>Appliances**</p> <p>Metal hardware or other scrap metal**</p> <p>Wiring or metal cords, extension cords**</p>
 <p>Aluminum foil and foil take-out containers</p>	<p>Foil wrap and take-out containers including pie plates, food trays, etc.</p> <p><i>Empty and rinse containers.</i></p>	<p>Chip or foil bags</p> <p>Foil wrap with paper backing for butter, cigarettes, etc.</p> <p>Foil-lined cardboard take-out containers or lids</p>
 <p>Plastic jugs with screw tops</p>	<p>For milk, cooking oil, laundry detergent, fabric softener, cleaning solutions, cleaning products, body care products, windshield washer fluid, etc.</p> <p><i>Empty and rinse jugs. Labels OK.</i></p>	<p>Jugs for flavoured tea, juice, other beverages (return for deposit refund)</p>
 <p>Plastic clamshells</p>	<p>For baked goods, fruit, produce, eggs, etc.</p> <p><i>Containers are clear with hinged or click-closed tops.</i></p> <p><i>Empty and rinse containers.</i></p> <p><i>Labels OK.</i></p>	<p>Packaging labelled biodegradable or compostable</p> <p>Liquid-absorbing pads</p>

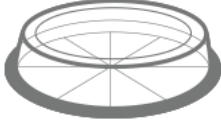



**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Containers (cont.)

Material	Description	Do not include
 <p>Plastic bottles and caps</p>	<p>For food, dish soap, mouthwash, shampoos, conditioners and other personal care products, pills and vitamins, laundry products, household cleaners, automotive cleaners, e.g., glass cleaner, windshield washer fluid, etc.</p> <p><i>Plastic bottles have screw caps, spray pump or pull-up tops.</i></p> <p><i>Empty and rinse bottles.</i></p> <p><i>Labels OK.</i></p> <p><i>Remove caps, spray pump and pull-up tops, and place loose in recycling container.</i></p>	<p>Beverage bottles (return for deposit refund)</p> <p>Stand up pouches</p> <p>Containers for motor oil, vehicle lubricant, or antifreeze products **</p>
 <p>Plastic jars and lids</p>	<p>For peanut butter, jam, nuts, condiments, vitamins and supplements, personal care products and cosmetics, pharmaceuticals, etc.</p> <p><i>Plastic jars have wide mouths with screw-top lids.</i></p> <p><i>Empty and rinse jars. Labels OK.</i></p> <p><i>Remove lids and place loose in recycling container.</i></p>	



**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Containers (cont.)

Material	Description	Do not include
 <p>Plastic trays and tops</p>	<p>For deli chicken, single serve meals, prepared foods, baked goods, housewares and hardware, e.g. screws, picture hangers, etc.</p> <p><i>Containers are clear or have black bottom trays with clear domes.</i></p> <p><i>Empty and rinse trays.</i></p>	<p>White, black or colour foam trays (take to Recycle BC recycling depot)</p> <p>Soft plastic packaging for perishable foods, e.g. meat, poultry, fish or cheese, etc.</p> <p>Plastic/foil packaging for items like chewing gum and pills</p>
 <p>Plastic tubs and lids</p>	<p>For margarine, spreads, yogurt, cottage cheese, sour cream, ice cream, etc.</p> <p><i>Empty and rinse tubs. Remove lids and place loose in recycling container.</i></p> <p><i>For single-use coffee and tea pods: Empty and rinse pods. Remove lids and do not include lids with recycling. Grounds can be composted.</i></p>	<p>Packaging labelled biodegradable or compostable</p> <p>Plastic or foil lids from coffee and tea pods</p> <p>Coffee grounds (include with green waste, if applicable)</p>
 <p>Plastic cold drink cups with lids</p>	<p>Beverage take out cups</p> <p><i>Empty and rinse cups</i></p> <p><i>Remove lids and place loose in recycling container.</i></p>	<p>Foam cups (take to Recycle BC recycling depot)</p> <p>Plastic packaging labelled biodegradable or compostable</p> <p>Napkins (include with green waste, if applicable)</p> <p>Straws</p>
 <p>Plastic garden pots and trays</p>	<p>For bedding plants, seedlings, vegetable plants, etc.</p> <p><i>Remove remaining soil from garden pots and trays.</i></p>	<p>Ceramic plant pots</p> <p>Lawn edging, tarps, plastic furniture or toys**</p> <p>Garden hoses**</p> <p>Plastic string or rope</p>

**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](#). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.


Containers (cont.)

Material	Description	Do not include
 <p>Plastic pails</p>	<p>For laundry detergent, ice cream, pet food, etc.</p> <p><i>MMBC accepts pails that are less than 25L; larger pails should be disposed of via a commercial hauler.</i></p>	<p>Plastic paint cans**</p> <p>Plastic pails larger than 25L**</p> <p>Pails for lubricants and oils**</p>
 <p>Microwavable bowls & cups</p>	<p>For soups and entrees</p> <p><i>Remove lids and place loose in recycling container.</i></p>	<p>Bowls with metal rims</p> <p>Napkins (include with green waste, if applicable)</p> <p>Cutlery</p>

**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.


Glass Containers

(May be collected separately from curbside or multi-family buildings - check with your collector)

Material	Description	Do not include
 <p>Non-deposit glass bottles and jars</p>	<p>Clear or coloured</p> <p><i>Check with your recycling collector for instructions.</i></p> <p><i>Empty and rinse bottles and jars. Labels OK.</i></p> <p><i>Place lids with container recycling.</i></p>	<p>Drinking glasses, dishes, cookware, whole or broken window glass or mirrors**</p> <p>Ceramic mugs or other ceramic products**</p> <p>Deposit glass bottles (return for deposit refund)</p> <p>Light bulbs and light fixtures**</p>

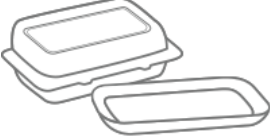
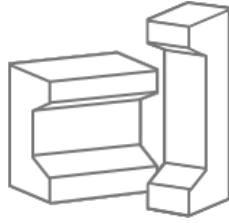
**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Plastic Bags and Outerwrap (Depot only)

Material	Description	Do not include
 <p>Plastic bags and overwrap</p>	<p>Plastic bags for groceries, dry cleaning, bread, newspapers and flyers; bags for produce, dry bulk foods, and most frozen vegetables; outer bags and wrap for diapers, feminine hygiene products, paper towels, tissues, soft drink can flats; bags for water softener salt, wood pellets and garden products; overwrap on mattresses, furniture and electronic equipment</p> <p><i>Empty bags of food</i></p>	<p>Crinkly cellophane wrap, for tea, floral arrangements, etc.</p> <p>Stand up pouches</p> <p>Bags for pre-washed salad</p> <p>Kitchen stretch wrap or plastic wrap for meat, poultry, fish or cheese</p> <p>Chip or snack bags</p> <p>Zipper-lock sandwich and freezer bags</p> <p>Plastic shipping envelopes</p> <p>Packaging labelled biodegradable or compostable</p> <p>Soft packaging for perishable foods, e.g. bacon, deli meats, cheese slices, fish, etc.</p> <p>Lumber or construction wrap</p> <p>Garbage bags or any bag sold as a</p>

**Some items are recyclable outside of Recycle BC's program. To find out where you can recycle something other than packaging or printed paper, please contact the [Recycling Council of BC](http://www.recyclingcouncilofbc.ca). In the Lower Mainland, call 604-RECYCLE or BC toll free 1-800-667-4321.

Foam Packaging (Depot only)

Material	Description	Do not include
 <p>Foam food containers and trays</p>	<p>Meat trays, foam egg cartons, foam clamshells, foam cups and bowls for take-out food; etc.</p> <p><i>Remove food residue and liquid-absorbing pads</i></p> <p><i>Sort white and coloured foam into appropriate collection container at depot</i></p>	<p>Liquid-absorbing pads</p> <p>Shrink wrap for meat, poultry, fish, cheese, etc.</p> <p>Napkins (include with green waste, if applicable)</p>
 <p>Foam cushion packaging</p>	<p>Foam cushion packaging used to protect electronics, small appliances, etc.</p> <p><i>Remove labels, tape paper, cardboard</i></p> <p><i>Sort white and coloured foam into appropriate collection container at depot</i></p>	<p>Labels, tape</p> <p>Paper and cardboard (recycle separately)</p> <p>Foam peanuts, packing chips or noodles</p> <p>Blue or pink foam board insulation</p> <p>Squishy or flexible foam</p> <p>Foam furniture (e.g. sofa cushions)</p>