



THANKS FOR BEING A RECYCLING MVP

Join us as we celebrate all the amazing things Team BC has achieved over the past 10 years through our recycling efforts!



Learn more at RecycleBC.ca

Flip to visit the Recycle BC Hall of Fame.

RECYCLING COLLECTION SCHEDULE

Place paper, containers and glass recycling at curb by:

NORTH (AM ZONE)
7:00 am

SOUTH (PM ZONE)
10:00 am

JULY 2024							AUGUST 2024							SEPTEMBER 2024							OCTOBER 2024						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
	1	2	3	4	5	6					1	2	3	1	2	3	4	5	6	7			1	2	3	4	5
7	8	9	10	11	12	13	4	5	6	7	8	9	10	8	9	10	11	12	13	14	6	7	8	9	10	11	12
14	15	16	17	18	19	20	11	12	13	14	15	16	17	15	16	17	18	19	20	21	13	14	15	16	17	18	19
21	22	23	24	25	26	27	18	19	20	21	22	23	24	22	23	24	25	26	27	28	20	21	22	23	24	25	26
28	29	30	31				25	26	27	28	29	30	31	29	30						27	28	29	30	31		

NOVEMBER 2024							DECEMBER 2024							JANUARY 2025							FEBRUARY 2025						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
					1	2	1	2	3	4	5	6	7	5	6	7	8	9	10	11						1	2
3	4	5	6	7	8	9	8	9	10	11	12	13	14	12	13	14	15	16	17	18	2	3	4	5	6	7	8
10	11	12	13	14	15	16	15	16	17	18	19	20	21	19	20	21	22	23	24	25	9	10	11	12	13	14	15
17	18	19	20	21	22	23	22	23	24	25	26	27	28	26	27	28	29	30	31	16	17	18	19	20	21	22	
24	25	26	27	28	29	30	29	30	31												23	24	25	26	27	28	

MARCH 2025							APRIL 2025							MAY 2025							JUNE 2025						
SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT	SUN	MON	TUE	WED	THU	FRI	SAT
						1			1	2	3	4	5				1	2	3	1	2	3	4	5	6	7	
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
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23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30					

Download the App

View your collection schedule, sign up for recycling reminders, see depot locations, and search materials with the Recycle BC app.



RecycleBC.ca/App

Please find a detailed material list at RecycleBC.ca/what-can-i-recycle. 請瀏覽 RecycleBC.ca/what-can-i-recycle 查詢物料清單中文版。 ڍਿਰਾਜ ਕਰਕੇ ਇਕ ਅਨੁਵਾਦਿਤ ਸਮਗਰੀ ਸੂਚੀ ਨੂੰ ਇਥੋਂ ਦੇਖੋ RecycleBC.ca/what-can-i-recycle. 번역된 자료 목록은 RecycleBC.ca/what-can-i-recycle 에서 찾으십시오. لطفاً فهرست مواد را به تفصیل در RecycleBC.ca/what-can-i-recycle مشاهده کنید.

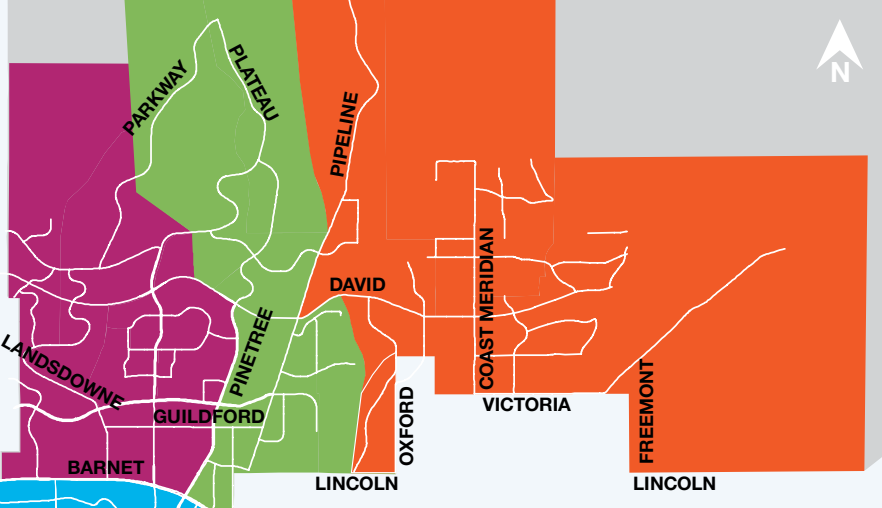
COLLECTION MAP

NORTH (AM ZONE)

Set out recycling between 5:30 am and 7:00 am

SOUTH (PM ZONE)

Set out recycling between 5:30 am and 10:00 am



- MONDAY
- TUESDAY
- WEDNESDAY
- THURSDAY

Recycling Collection Questions?

GFL Environmental is Recycle BC's curbside collection partner in Coquitlam. They can answer questions about collection zones, missed pick-ups, holiday schedules, or recycling containers.

Contact: GFL Environmental
Phone: 604-529-4011
Email: srrecycle@gflenv.com

For information about garbage or green cart collection services, please contact the City of Coquitlam at 604-927-4300.

ENSURE MORE MATERIALS ARE RECYCLED AND KEPT OUT OF LANDFILL BY REMEMBERING THESE PRO-TIPS:

- Line it up.** Put your yellow bag between your boxes, not on top. Leave about 1m (3 feet) of space between recycling boxes/bags and your garbage/organic carts.
- Keep it clean.** Empty and rinse containers to prevent contamination, recycle more materials, and avoid attracting wildlife when you put them out for collection.
- Flatten and cut.** If your cardboard is too big for the yellow bag, flatten and cut it into smaller pieces, no larger than 76 cm x 76 cm (30 in x 30 in). Stack them loosely between your boxes and yellow bag. Don't forget to keep plastic wrap out of your recycling!
- Avoid litter.** Don't overfill your recycling boxes. If you can't fit everything comfortably, contact Recycle BC's collection partner for an additional box or use a similar open box (like a laundry basket or storage box) to sort your material properly.
- We're here to help.** Download our app, email us at info@recyclebc.ca or reach out on social media @RecycleBC.



OOPS! Did you receive an Oops tag on collection day?

Our collection partners may leave these behind if your material is unable to be collected. The tag will indicate the issue.

GFL Environmental is Recycle BC's curbside collection partner in Coquitlam. They can answer questions about collection zones, missed pick-ups, holiday schedules, or recycling containers.

Contact: GFL Environmental
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Email: srrecycle@gflenv.com

NEARBY DEPOTS

- United Boulevard Recycling and Waste Centre**
995 United Blvd, Coquitlam, BC V3K 4S8
604-681-5600
- Coquitlam Return-It Depot**
#104 - 2560 Barnet Highway, Coquitlam
604-464-6648
- Lougheed Return-It Depot**
1045A Lougheed Highway, Coquitlam
778-397-5005
- PoCo Return-It**
2577 Kingsway Ave, Port Coquitlam
604-945-3313
- Sapperton Return-It Depot**
#21 - 79 Braid St, New Westminster
604-523-9699
- London Drugs - Coquitlam Centre***
#1030 - 2929 Barnet Highway, Coquitlam
604-448-4815
- London Drugs - Lougheed Town Centre***
#101 - 9855 Austin Avenue, Burnaby
604-448-4825

*London Drugs accept flexible plastics and foam packaging only. Due to space limitations, a maximum of one grocery bag of each material is suggested per visit.

ABOUT RECYCLE BC

Recycle BC is a not-for-profit organization responsible for residential packaging and paper product recycling throughout BC, servicing over 2 million households. Recycle BC ensures your household materials are picked up, sorted, and responsibly managed and recycled. Our program is funded by 1,200 businesses that include retailers, manufacturers and restaurants that supply packaging and paper to BC residents, shifting costs away from homeowners.

For more information visit:
RecycleBC.ca
@RecycleBC



DOWNLOAD THE APP

SIGN UP FOR RECYCLING REMINDERS
SEARCH THE MATERIAL LIST



RECYCLEBC

Making a difference together.

2024-2025 RECYCLING SCHEDULE

Coquitlam



RecycleBC.ca/Coquitlam

PAPER

PUT INTO YELLOW BAG

Cut excess cardboard to 76 cm x 76 cm (30 in x 30 in) and stack beside bag

Clean and dry paper only



CONTAINERS

PUT INTO BLUE BOX

Empty and rinse containers



GLASS

PUT INTO GREY OR LIGHT BLUE BOX

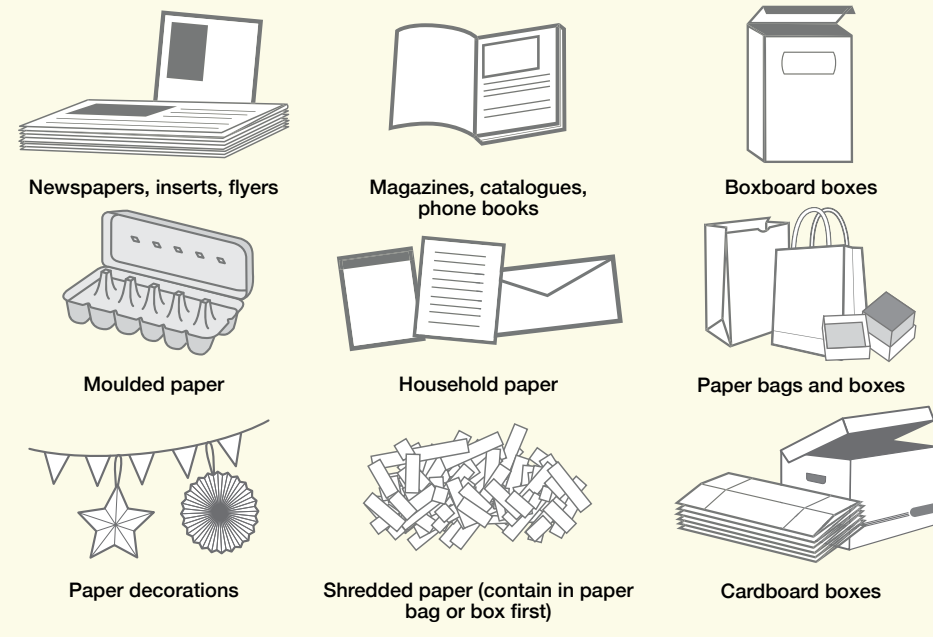
Empty and rinse glass bottles and jars



DROP-OFF ONLY

TAKE TO RECYCLING DEPOT

Not accepted in your yellow bag, blue box, or grey box



- ✓ Greeting cards
- ✓ Paper gift wrap
- ✓ Paper gift bags
- ✓ Paper carry-out beverage trays
- ✓ Cores from paper towel and toilet tissue
- ✓ Compressed paper hangers
- ✓ Paper-only shipping envelopes



- ✓ Plastic packaging for toys, batteries, etc. Separate plastic from paper backing
- ✓ Plastic pails less than 25L for laundry detergent, cat litter, etc.
- ✓ Plastic tubs for yogurt, margarine, etc.
- ✓ Spiral wound cans and lids for frozen juice concentrate, chips, etc.



Put all lids in blue box.

NOT ACCEPTED

- * Drinking glasses, dishes, or cookware
- * Window glass or mirrors
- * Ceramic products
- * Light bulbs or light fixtures

Want to recycle something not included here?

Search Recycle BC's Waste Wizard or download a full material list at RecycleBC.ca. To recycle items that are not packaging, packaging-like products, single-use items, or paper, contact the Recycling Council of BC (RCBC) at RCBC.ca.

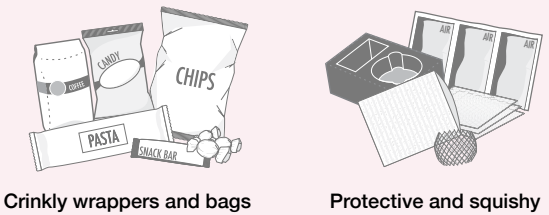
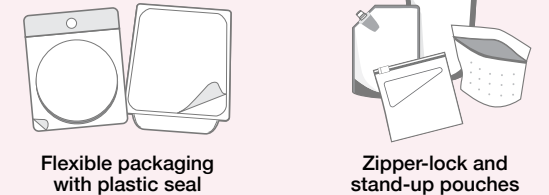
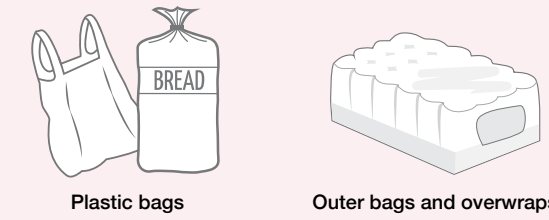
Unused Medication

Empty medication containers can be recycled with Recycle BC, but unused or expired medications can be safely disposed of by returning them to community pharmacies. For more information or to find the nearest pharmacy, please visit www.healthsteward.ca.

NO HAZARDOUS MATERIALS

Exclude batteries; medical sharps; bleach or aerosol containers with any contents remaining; containers with the words COMBUSTIBLE, FLAMMABLE or VERY FLAMMABLE on them (except cosmetic and beauty product containers); compressed gas cylinders, for example used propane cylinders; containers for paint, motor oil, vehicle lubricants, or antifreeze; or containers for pesticides labelled POISON, and precautionary octagon or diamond symbols with skull and cross bones.

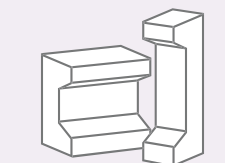
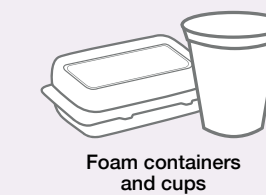
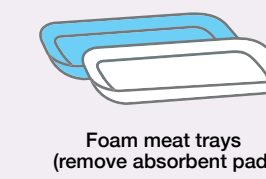
FLEXIBLE PLASTICS



NOT ACCEPTED

- * Cellophane wrap for floral arrangements, etc.
- * Garbage bags
- * Plastic squeeze tubes
- * Plastic-lined paper
- * Paper-lined plastic
- * Plastic strapping
- * 6-pack rings
- * Biodegradable plastic
- * Vinyl

FOAM PACKAGING



Foam cushion packaging used to protect electronics, etc.

- ✓ Bags for groceries, produce, and newspapers
- ✓ Overwrap for diapers, feminine hygiene products, paper towels, and soft drink flats

- * Blue or pink foam insulation, packing chips and peanuts
- * Squishy or flexible foam, and foam noodles

10-YEAR ANNIVERSARY HALL OF FAME

1.98M TONNES collected from 2014 - 2023.

That's the weight of 8.6M adult male grizzly bears!

99%

of BC has access to recycling.

That's over 2M households with packaging and paper recycling service.

227 DEPOTS & 53 London Drugs locations accept flexible plastics.

A decade ago, these materials may have ended up in a landfill.

\$1 BILLION contributed by producers since 2014.

This funds the program and shifts costs away from taxpayers and municipalities.

98%

of plastics we collect are sent to recycling end markets.

Now, that's something to celebrate!

73%

of materials are processed in North America.

Best of all, 99% of plastics stay in BC for recycling.

Way to bring your A-game at the bin, BC! Let's work together to make the next 10 years even better.